STAR Health Insurance

STAR flexi
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WORK OUT YOUR WAY WITH STAY FIT

A comprehensive wellness service offered through an authorised network of fitness centres and trainers.



Benefits

Cashless access to fitness centres

Weekly fitness centre visits

Your Health insurance plan ensures that consistent fitness becomes part of your routine at **less than ₹2 per day.**

*Insured persons above 18 years of age can avail gyms and fitness studios upto the number of visits per week as specified in policy schedule.

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Cashless access to fitness centres

With cashless access, you can walk into partnered fitness centres without worrying about payments at the counter. The cost is already taken care of under your plan, giving you a smooth, stress-free workout experience every time.

Weekly fitness centre visits

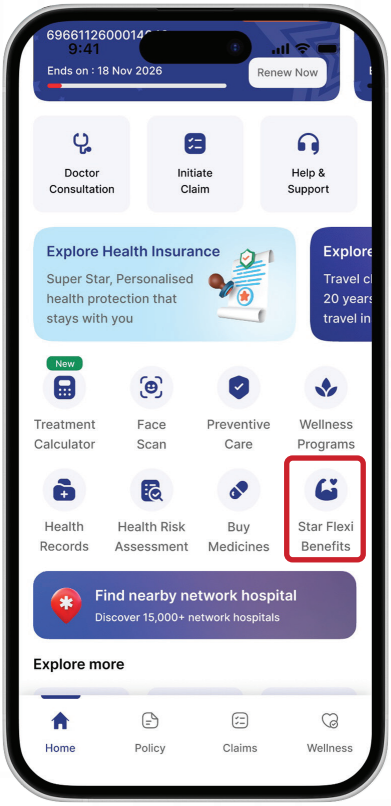
Consistency is the key to fitness, and with weekly fitness centre visits included, you'll have the perfect push to stay on track. These regular sessions help you build a routine, improve overall wellness, and keep your fitness goals within reach.

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How to Get Started

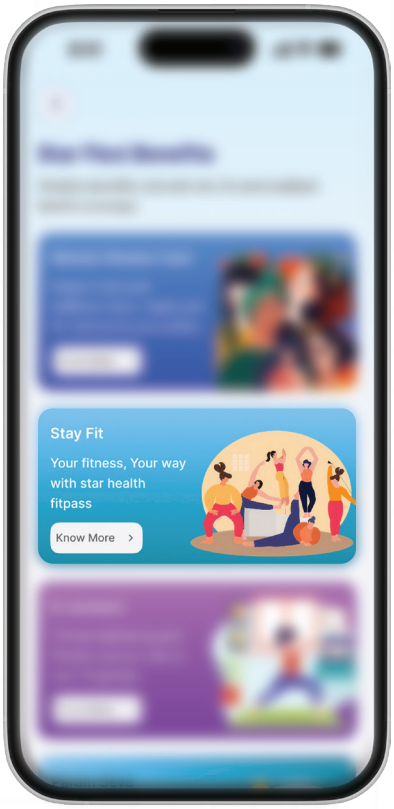
STEP 01

Click on
Star Flexi Benefits



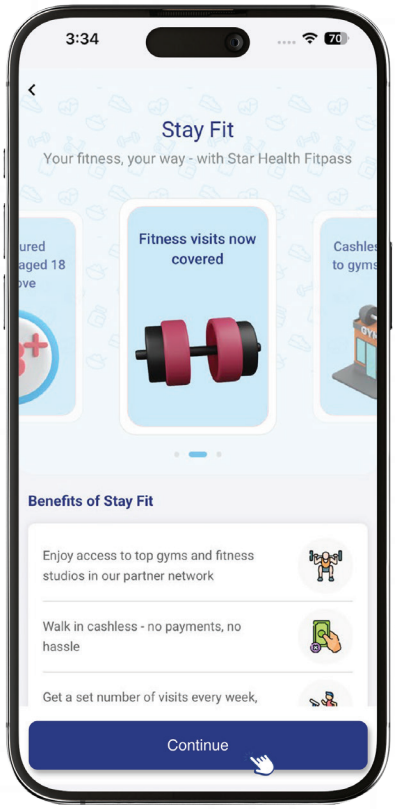
STEP 02

Click on
Stay Fit



STEP 03

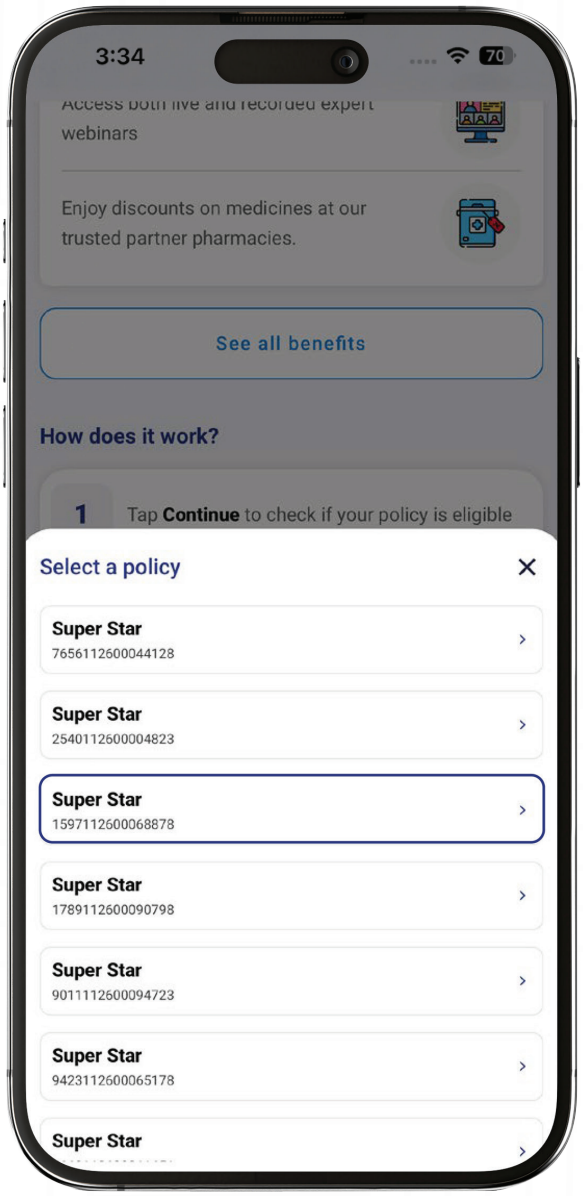
Click on
Continue



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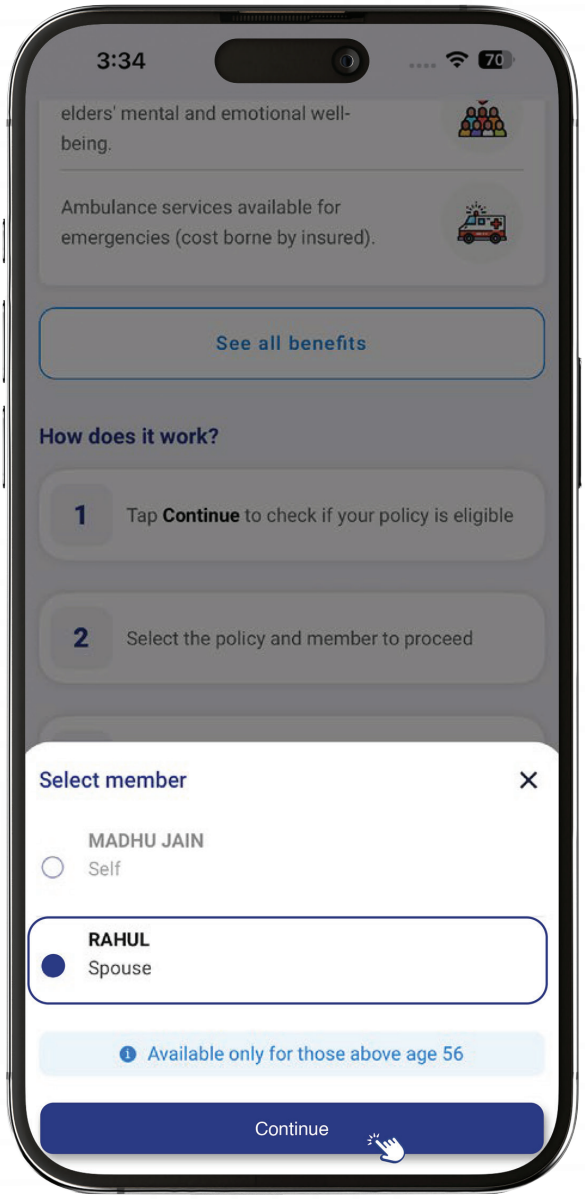
STEP 04

Select
Eligible Policy



STEP 05

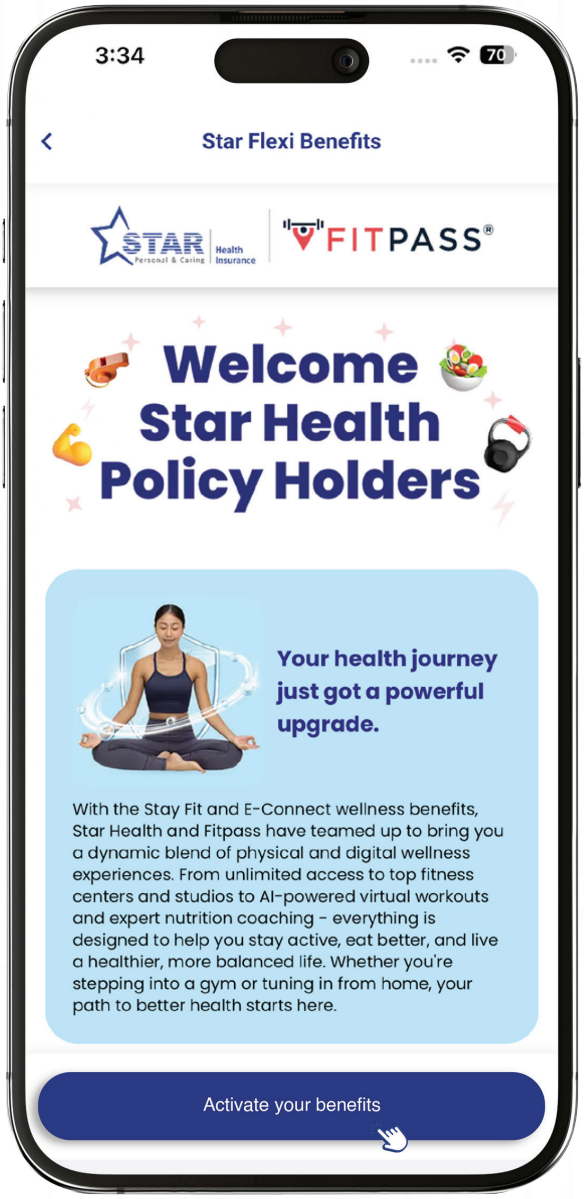
Select
Member



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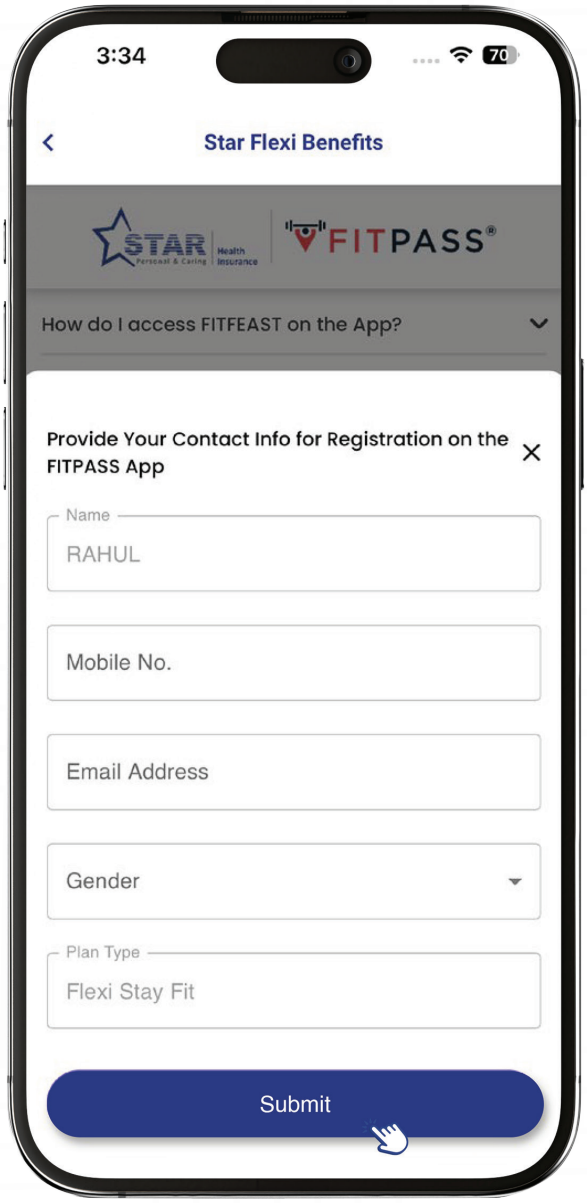
STEP 06

Activate **Benefits**



STEP 07

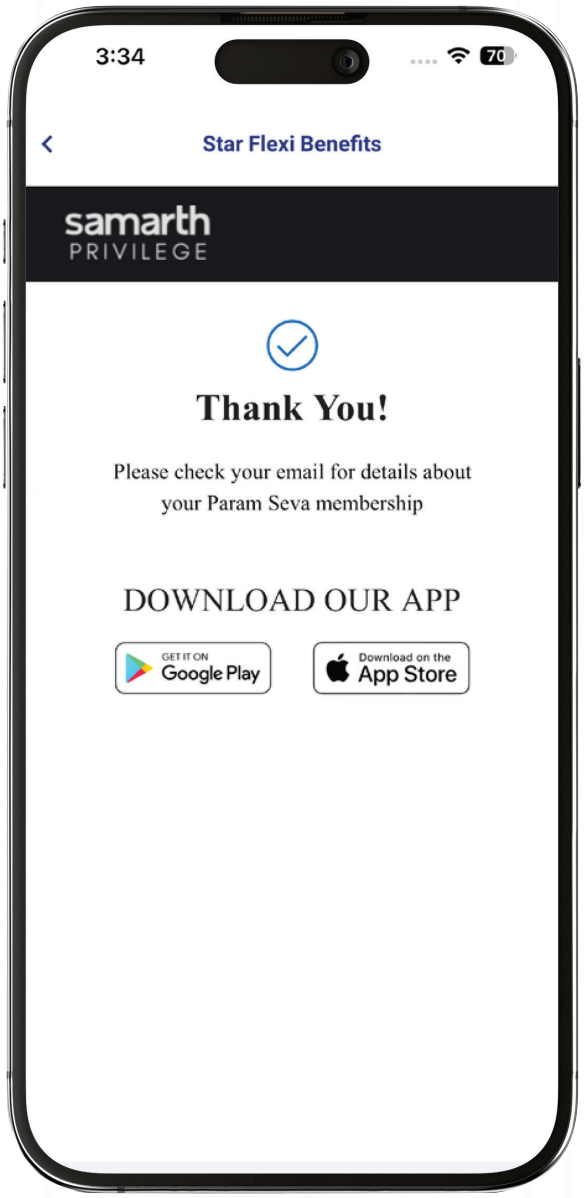
Register and **Submit**



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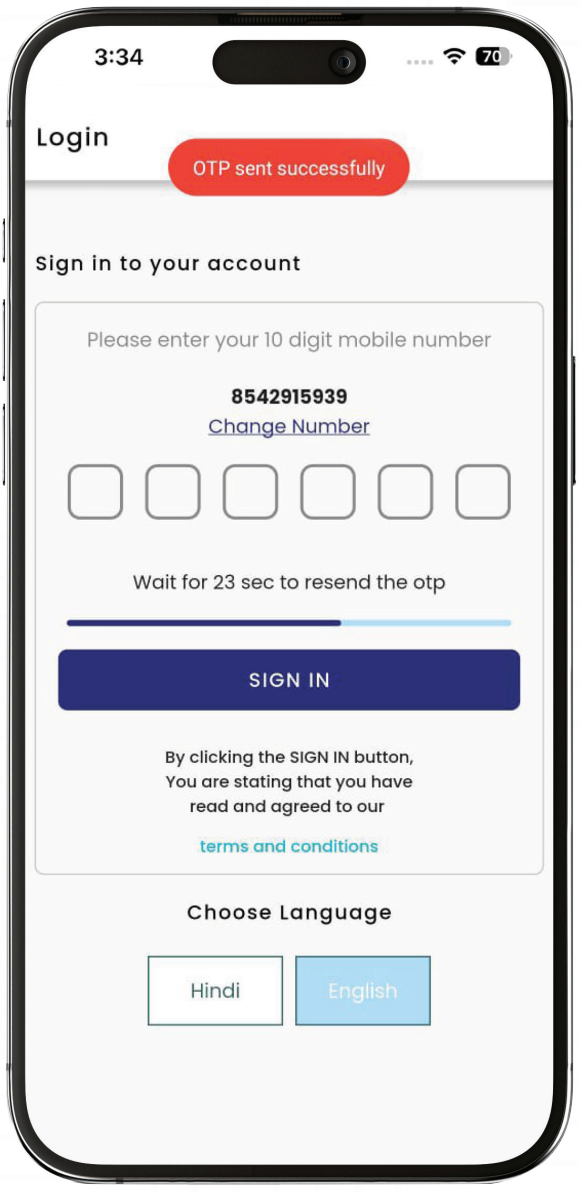
STEP 08

Download
FITPASS App



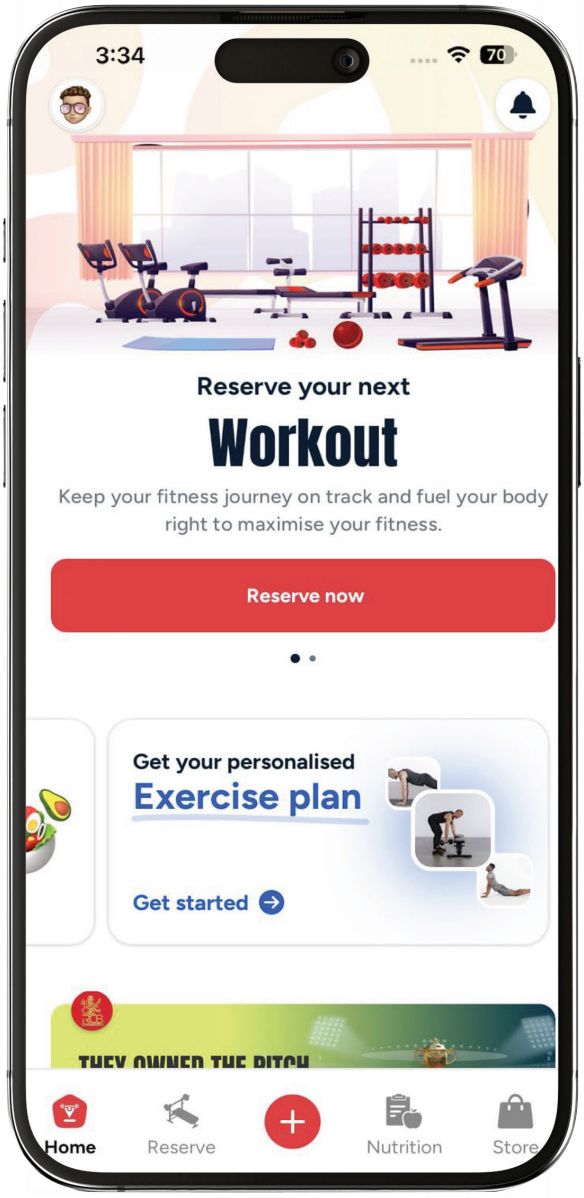
STEP 09

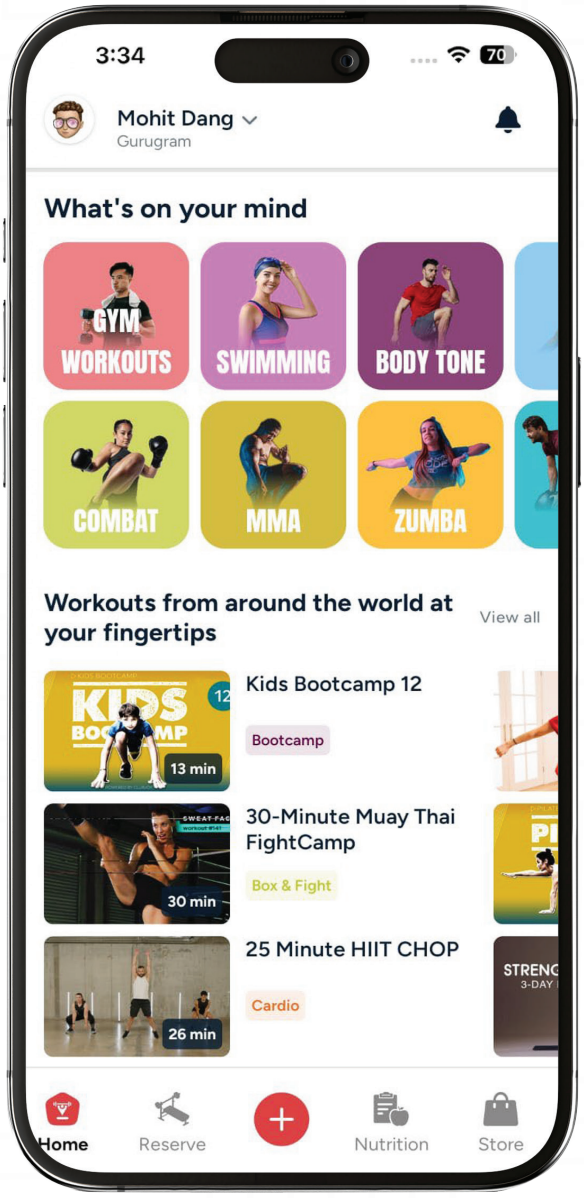
Validate Your
Mobile No. Via OTP



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STEP 10: Book your workouts with ease

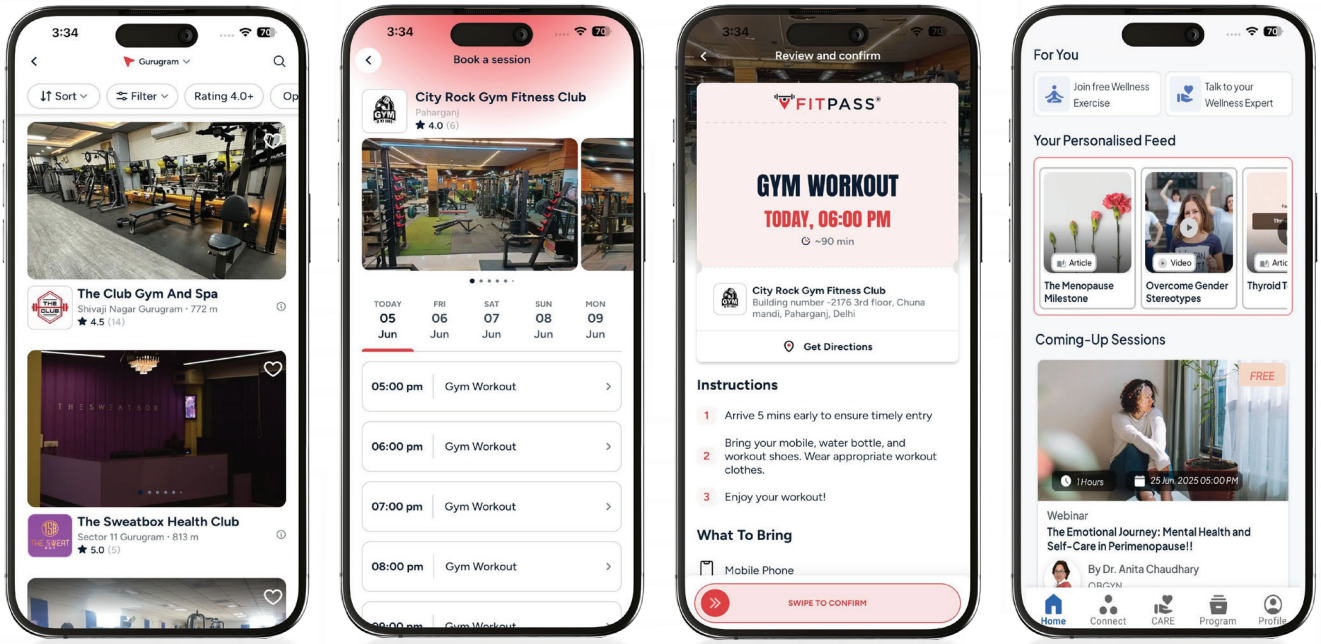




STAR Health Insurance

Gym workouts and fitness studios :

level up your fitness game with weekly fitness centre visits



Terms & Conditions (T&C):

If the Insured Person has opted for this cover, the Insured Persons aged 18 years or above can avail visits to the 'fitness centers' (gyms and fitness studios) up to the number of visits per week, as specified in the Policy Schedule in a Policy Year at the Company's Network only on cashless basis subject to the following conditions:

i. An initial waiting period of 30 days is applicable from the first time of opting this cover.

ii. The services will be provided through an empaneled fitness centers only. Choice of the Insured Person in utilizing the services of fitness center will be entirely his/ her own and Company will have no liability towards the quality of services provided by the fitness centers.

iii. The list of empaneled fitness centers may change from time to time which shall be available on Star health mobile application or other digital platforms.

iv. The Company shall not be responsible for any dispute or loss in account of availing the services or arising between the Insured Person and the fitness center.

v. Any unutilized sessions cannot be carried forward to the next Policy Year.

vi. These services are provided subject to the service provider's availability and operating schedules

Star Health and Allied Insurance Co Ltd. Registered Office: No. 1, New Tank Street, Valluvar Kottam High Road, Nungambakkam, Chennai - 600 034. Corporate Office: No. 148, Acropolis, Dr. Radha Krishnan Salai, Mylapore, Chennai - 600004. | IRDAI Registration No.: 129. CIN No.: L66010TN2005PLC056649. | Toll-Free Number -1800-425-2255/1800-102-4477. | For more details of the product, please read the sales brochure/ prospectus carefully before concluding sales. TRA's Brand Trust Report 2025. TRA Research Pvt. Ltd. is an independent brand insights and research advisory firm. SHAI/2025-26/ONLINE/ENG 547

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